

# Cross Country Camp Summer 2017

**June 8 to Aug 18**

**COACHED BY ELIUD NJUBI USATF CERTIFIED 3:56 MILER  
MOST DECORATED DISTANCE RUNNER IN TCU'S HISTORY**

*\$495 for 11 weeks.*

*Tuesday & Thursday*

*7.15 a.m. to 8:15 a.m.*

*Sunday 6 a.m. long run.*

*Contact : Eliud for more  
information.*

TrainLikeAKenyan  
[www.trainlikeakenyan.com](http://www.trainlikeakenyan.com)  
Phone: 817-524-7882  
E-mail: [eliud1500@gmail.com](mailto:eliud1500@gmail.com)

